

HEALTH AND ENVIRONMENTAL EDUCATION IN HUNGARIAN SCHOOLS

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**METHODOLOGICAL DEVELOPMENTS IN THE
HEALTH SYSTEM**

PROJEKT - EFOP-1.8.0.- VEKOP-17-2017-00001

**INTERNATIONAL CONFERENCE ON
INTEGRATED PROBLEM-SOLVING
APPROACHES TO ENSURE
SCHOOLCHILDREN'S HEALTH
23 MAY 2019**

SZÉCHENYI  2020



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BEFEKTETÉS A JÖVŐBE

IMPROVEMENT OF HEALTH KNOWLEDGE BETWEEN THE AGE OF 7-18



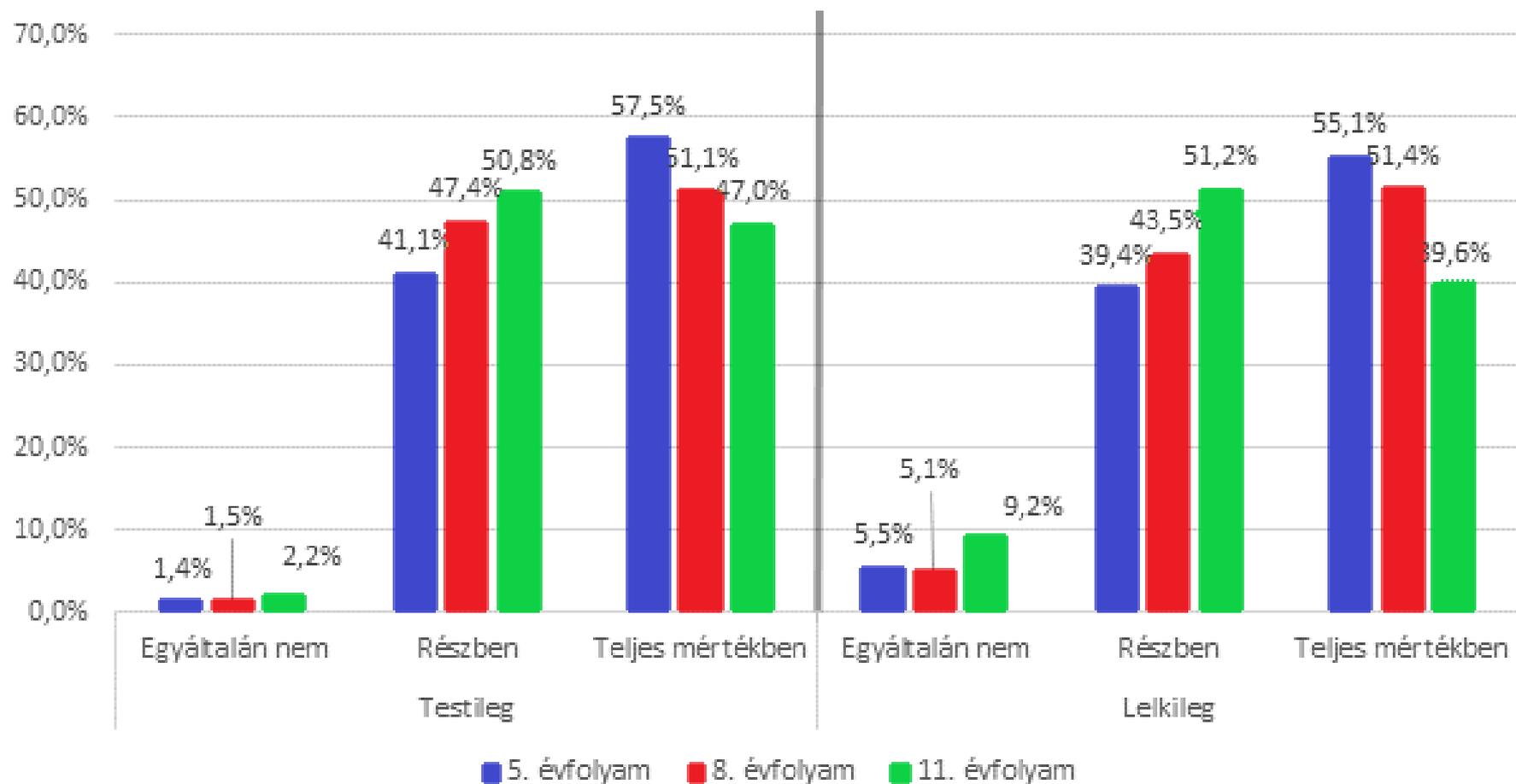
Comprehensive goals

- Laying the foundation of a healthy early life cycle prior to adulthood
- Promotion of competent decision making regarding one's health
- Significant reduction of the risk of developing health problems or at least delaying them.

Specific goals

- The development of a research based, student centered thematic educational materials built around significant public health topics which can be used in school health promotion programs.

The perception of their own physical and mental health in 5th, 8th and 11th grade students



THE CURRICULUM

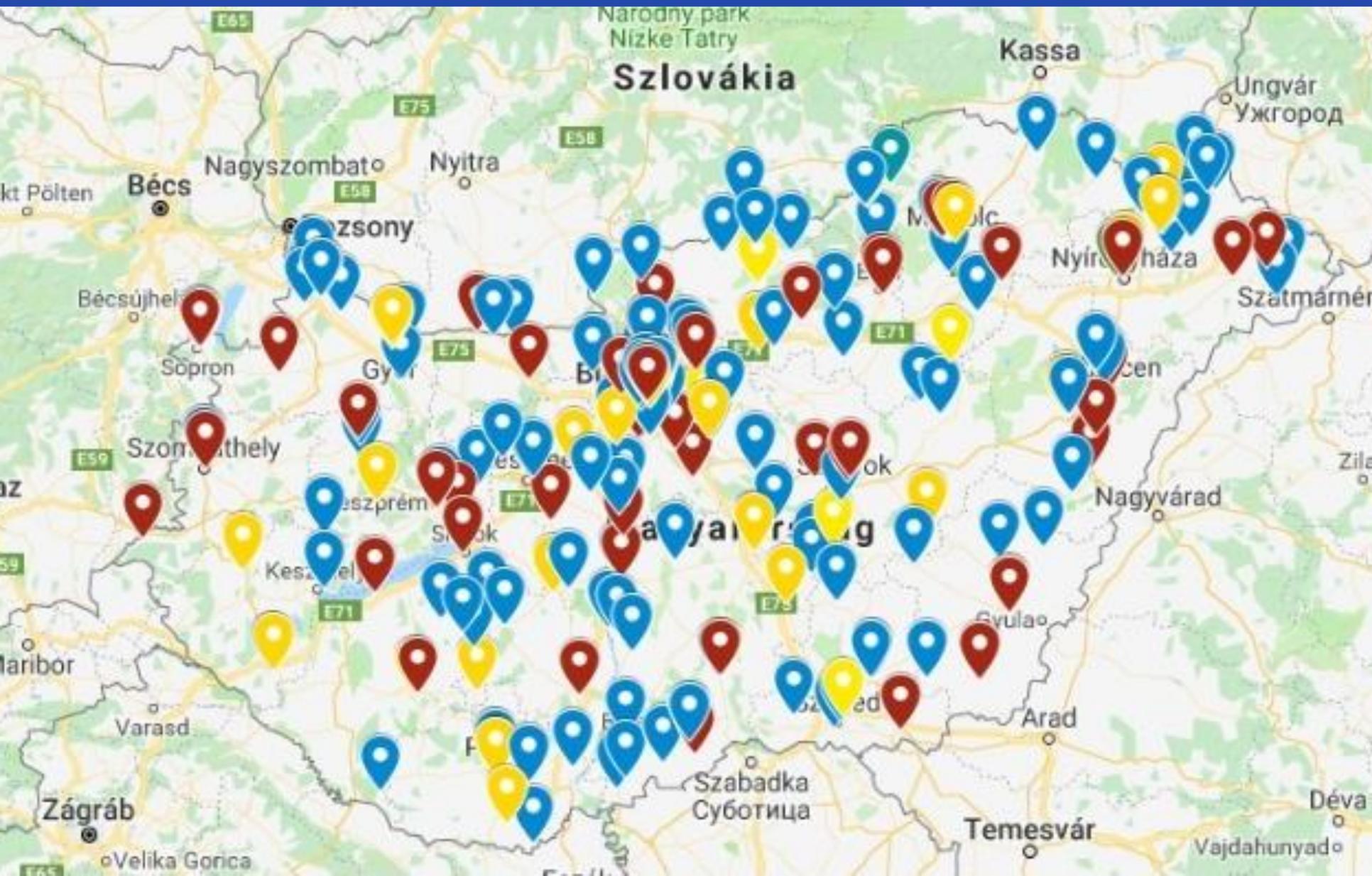
Social Health Promotion Pilot Project

THEME BLOCKS



MENTAL HEALTH
is embedded in
all subjects.

SCHOOL HEALTH PROMOTION PILOT PROJECT SCHOOL NETWORK



HEALTHY ENVIRONMENT SUBJECT

- Follows the international trends of this topic
- Introduce environmental education in primary school
 - Instinctively holistic view of the environment
- Critical thinking and problem-solving approaches
- Think globally, act locally



Healthy
environment

CHALLENGES OF HEALTHY ENVIRONMENT

- Different amount of resources – equal chances
- Teachers' competence
- Different levels of students' knowledge
- How does it work?



WHAT EXACTLY ARE WE TALKING ABOUT?

- School environment – basic traffic signs
- Different needs and variety of organisms
- Clean air, water, soil
- Active communication of experiences, seeking help
- Allergies
- Energy usage and sources
- „Shopping”: the information content and the fate of the packages
- Cause and effect: systemic view of global problems
- Existing in a community

THANK YOU FOR YOUR ATTENTION!

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